

1988 Region 8A Girls Championship at Roseau on Saturday, May 30

Teams: Ada-Borup 63, East Grand Forks 51, Walker-Hackensack 50, Crookston 43, Mahnomen 42, Roseau 31, Waubun 28, Marshall County Central-Middle River 22, Mashall County South 21, Warroad 20, Northome 19, Win-E-Mac 19, Hallock 17, Fosston 15, Park Rapids 14, Clearwater North 12, Blackduck 9, Fertile-Beltrami 6, Norman County East 6, Cass Lake 4, Tri-County 2, Red Lake Falls 1, Lake of the Woods 1

100

- 1 Lisa Leiran, A-B 12.75
- 2 Heather Runquist, W-H 12.80
- 3 Kristie Strebis, EGF 13.03
- 4 Teresa Hegg, W-E-M 13.21
- 5 Revier, Mah 13.28
- 6 Lori Martin, EGF 13.51

200

- 1 Heather Runquist, W-H 26.64
- 2 Lisa Leiran, A-B 26.73
- 3 Teresa Hegg, W-E-M 27.14
- 4 RaeAnn Watt, EGF 27.77
- 5 Carmyn Kasprovicz, T-C 28.20
- 6 Linda Noel, Hal 29.65

400

- 1 Michelle Johnson, Foss 61.39
- 2 Teresa Hegg, W-E-M 61.59
- 3 Heidi Amundson, EGF 62.30
- 4 Denise Kraft, NCE 2:29.84
- 5 Diane Remus, CL 63.02
- 6 Shelly Sundvall, BD 63.75

800

- 1 Jennifer Amon, Crook 2:20.90 **
- 2 Tami Elton, Ros 2:20.91
- 3 Erin Bly, Waub 2:22.66
- 4 Kari Stewart, Foss 2:26.85
- 5 Denise Kraft, NCE 2:29.84
- 6 Leslie Laznicka, Warr 2:30.8

1600

- 1 Andrea Nelson, Northome 5:20.9 **
- 2 Tami Elton, Ros 5:24.6
- 3 Jennifer Deidrich, NCS 5:25.7
- 4 Gina Hann, A-B 5:42.9
- 5 Leslie Laznicka, Warr 5:56.0
- 6 Heather Aubol, Crook 6:02.0

3200

- 1 Jennifer Deidrich, NCS 12:00.4 **
- 2 Gina Hann, A-B 12:04.9
- 3 Val Ellis, CL 12:28.0
- 4 Iryne Fostrom, CL 12:44.4
- 5 Melissa Kappes, A-B 12:55.2
- 6 Theresa McCabe, Ros 13:10.2

100 Hurdles (33")

- 1 Jill Thorkildson, Waub 16.24
- 2 Jean Schafer, Mah 16.50
- 3 Lori Wang, F-B 16.990
- 4 Natalie Ueland, MCC-MR 17.07
- 5 Jennifer Heitman, A-B 17.16
- 6 Nicky Demarias, RLF 17.24

300 Hurdles (30")

- 1 Heather Runquist, W-H 47.0
- 2 Katie Bryce, PR 47.6
- 3 Linda Noel, Hal 48.0
- 4 Jill Thorkildson, Waub 49.3
- 5 Natalie Ueland, MCC-MR 49.7
- 6 Jennifer Heitman, A-B 50.4

4x100 Relay

- 1 East Grand Forks 52.80 (K Strebis, K Sauve, L Martin, T Wills)
- 2 Mahnomen 52.90
- 3 Ada-Borup 52.90
- 4 Hallock 53.94
- 5 MCC-MR 54.05
- 6 MCS 55.0

4x200 Relay

- 1 Ada-Borup 1:46.71 (E Truman, J Heitman, C Fischer, L Leiran)
- 2 East Grand Forks 1:50.14
- 3 Walker-H 1:52.32
- 4 Park Rapids 1:53.66
- 5 Hallock 1:53.95
- 6 Lake of the Woods 1:54.16

4x400 Relay

- 1 Crookston 4:19.15 (S Larson, H Aubol, K Wagner, J Amon)
- 2 Warroad 4:23.42
- 3 Walker-H 4:23.94
- 4 Roseau 4:25.18
- 5 Ada-Borup 4:25.25
- 6 Northome 4:27.30

4x800 Relay

- 1 Crookston 10:12.7 (H Aubol, M Larson, S Larson, J Amon)
- 2 Northome 10:24.3
- 3 MCC-MR 10:27.1
- 4 Cass Lake 10:36.5
- 5 Roseau 10:40.6
- 6 Ada-Borup 10:44.5

Shot Put

- 1 Karen Sweep, Mah 37-9
- 2 Teri Kimble, Ros 36-3.5
- 3 Darcene Moen, MCC-MR 34-10.75
- 4 Tonya Pietruszewski, MCS 33-6.25
- 5 Melinda Halfaday, MCC-MR 33-1
- 6 Michelle Wagner, A-B 32-2.25

Discus Throw

- 1 Sue Demars, W-H 118-8
- 2 Jill Thorkildson, Waub 114-10
- 3 Karen Sweep, Mah 109-5
- 4 Christi Anderson, BD 107-6
- 5 Mary Decker, Crook 107-4
- 6 Janna Klecker, W-E-M 106-9

Long Jump

- 1 Heidi Amundson, EGF 15:11.75
- 2 Jean Schafer, Mah 15-10
- 3 RaeAnn Watt, EGF 15-6.5
- 4 Deb Frenzel, BD 15-4.5
- 5 Cindy Fischer, A-B 15-0.5
- 6 Amy Leiran, A-B 14-8.5

High Jump

- 1 Sherry Larson, Crook 5-4
- 2 Deb Lien, War 5-2
- 3 Lisa Leiran, A-B 5-2
- 4 Linda Noel, Hal 5-0
- 5 Stephanie Carlson, PR 5-0
- 6 Tera Palubicki, Foss 4-10

* Ties Meet Record

** New Meet Record

Notes: